

# NATIONAL DATA TRENDS

MONICA OSBURN, PHD



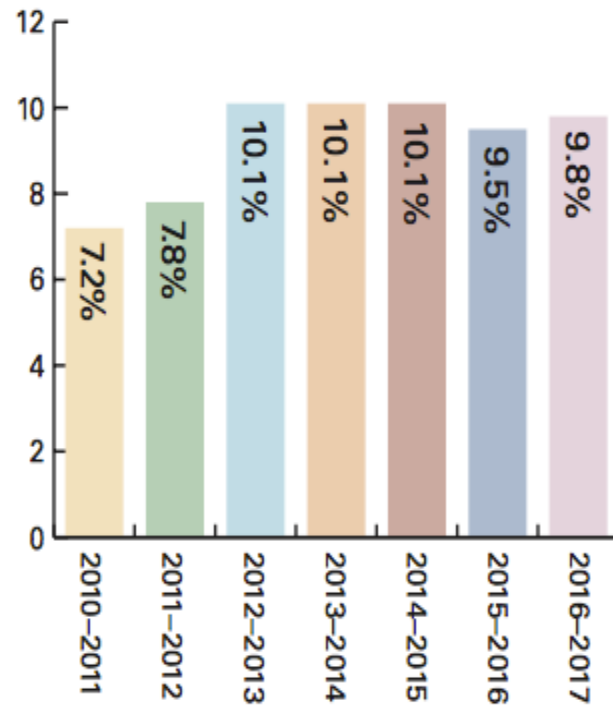
# Center For Colligate Mental Health (CCMH)

- The Following Trend Data Has Been Collected Over The Past 7 Academic Years Nationally.
- This Data Describes Students Who Visit College Counseling Centers.

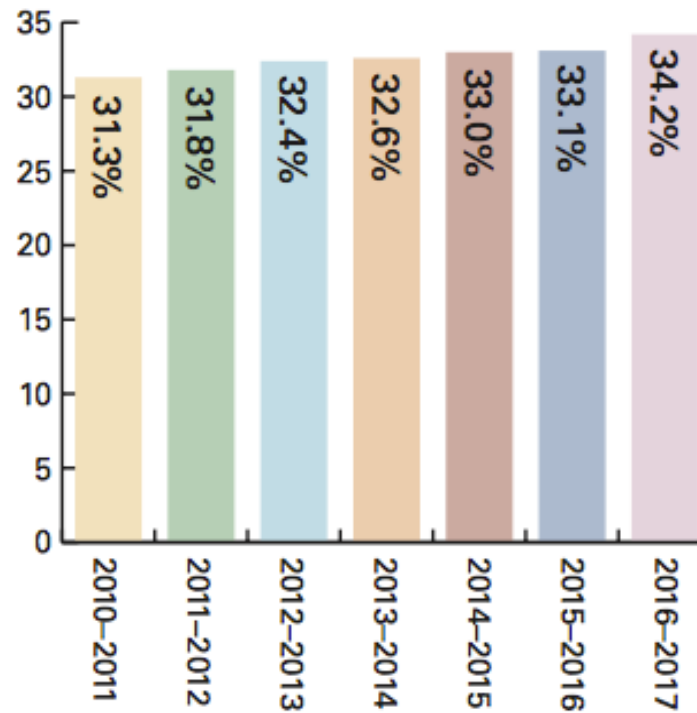
Year	# of Institutions	# of Clients
2010-2011	97	82,611
2011-2012	120	97,012
2012-2013	132	95,109
2013-2014	140	101,027
2014-2015	139	100,736
2015-2016	139	150,483
2016-2017	147	161,014

# History

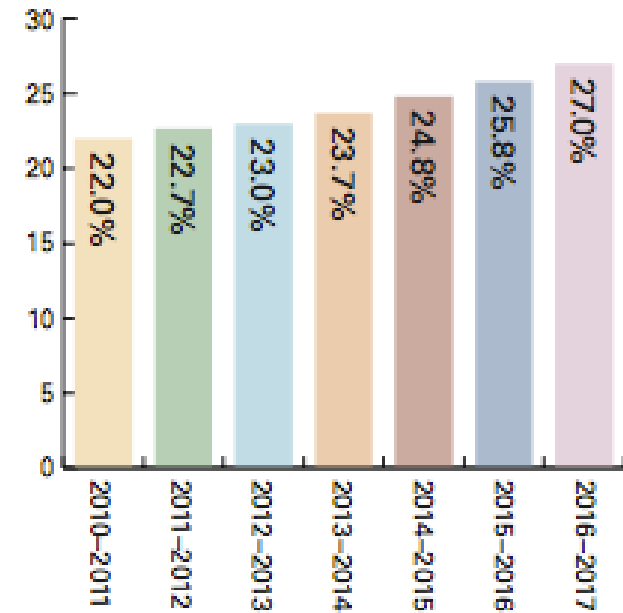
## ***Been hospitalized for mental health concerns***



## ***Taken a medication for mental health concerns***



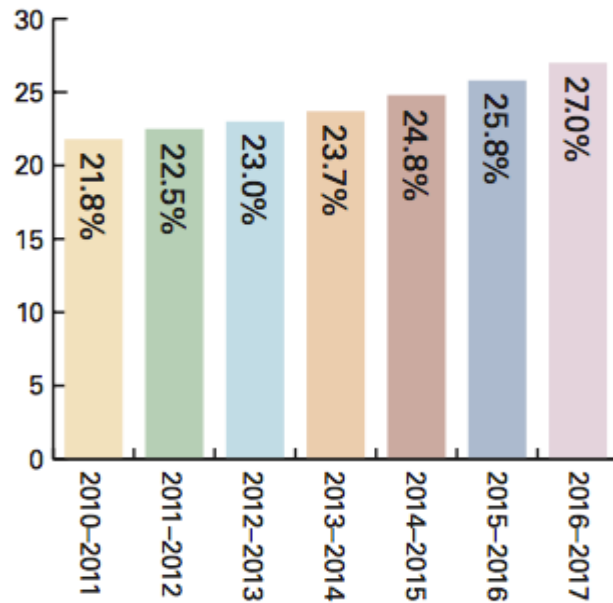
## ***Experienced a traumatic event that caused you to feel intense fear, helplessness, or horror***



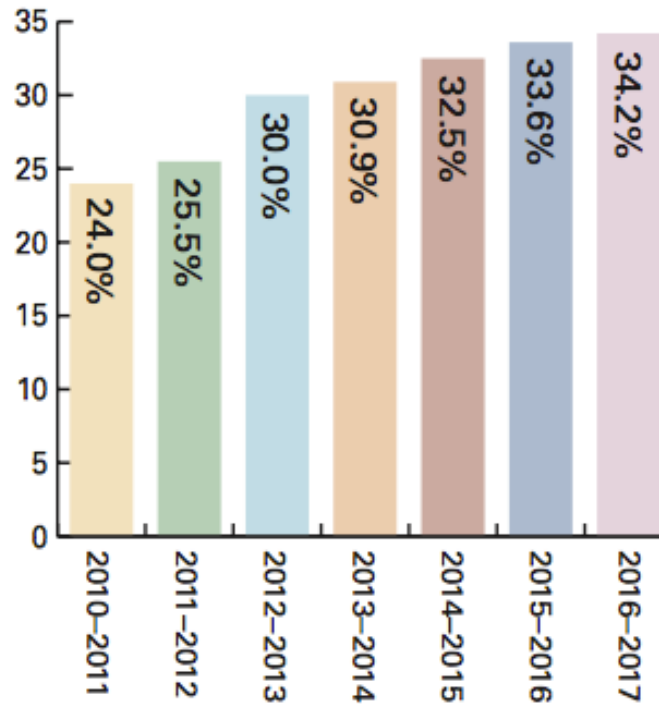


# Suicide And Self-harm

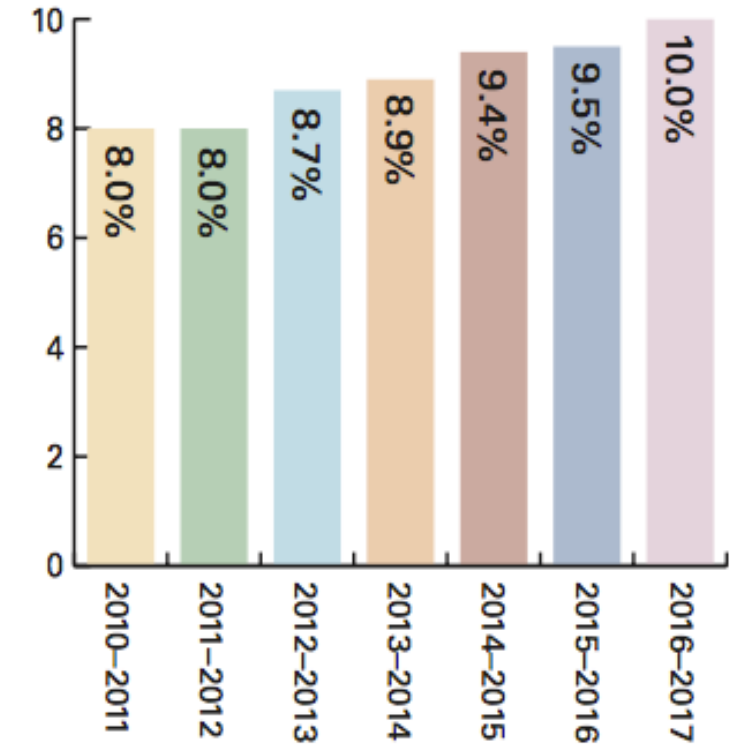
***Purposely injured yourself without suicidal intent (e.g., cutting, hitting, burning, hair pulling, etc.)***



***Seriously considered attempting suicide***

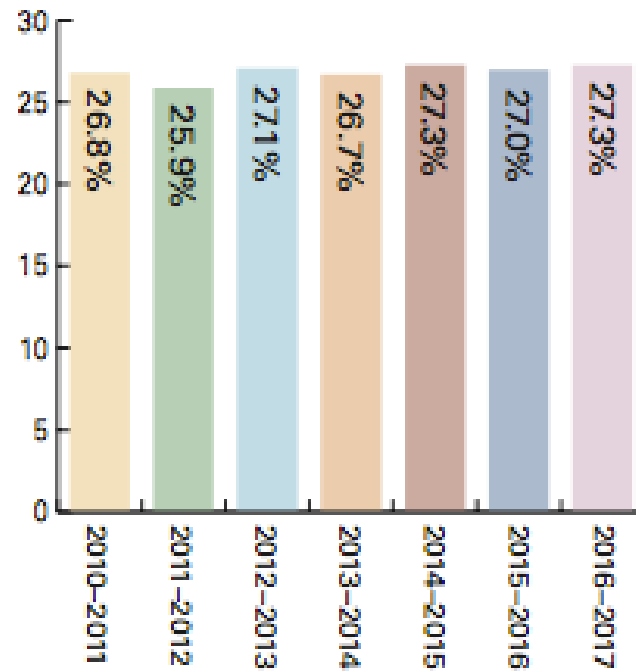


***Made a suicide attempt***

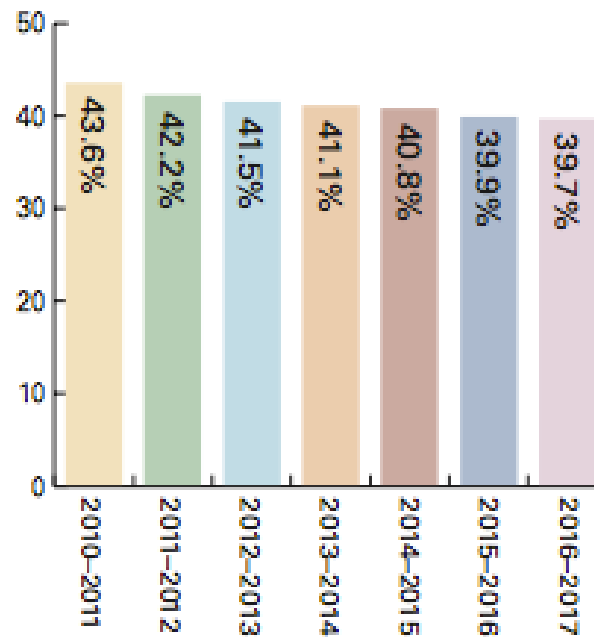


# Alcohol And Drug Use

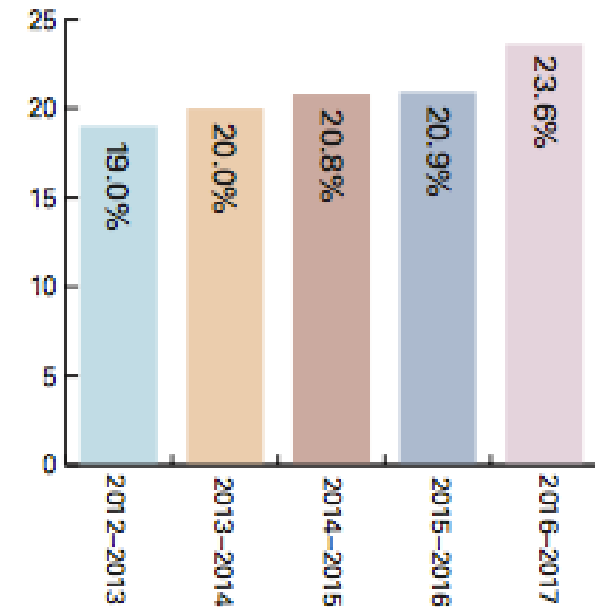
***Felt the need to reduce your alcohol or drug use***



***Engaged in binge drinking (within the last 2 weeks)***



***Used marijuana (within the last 2 weeks)***

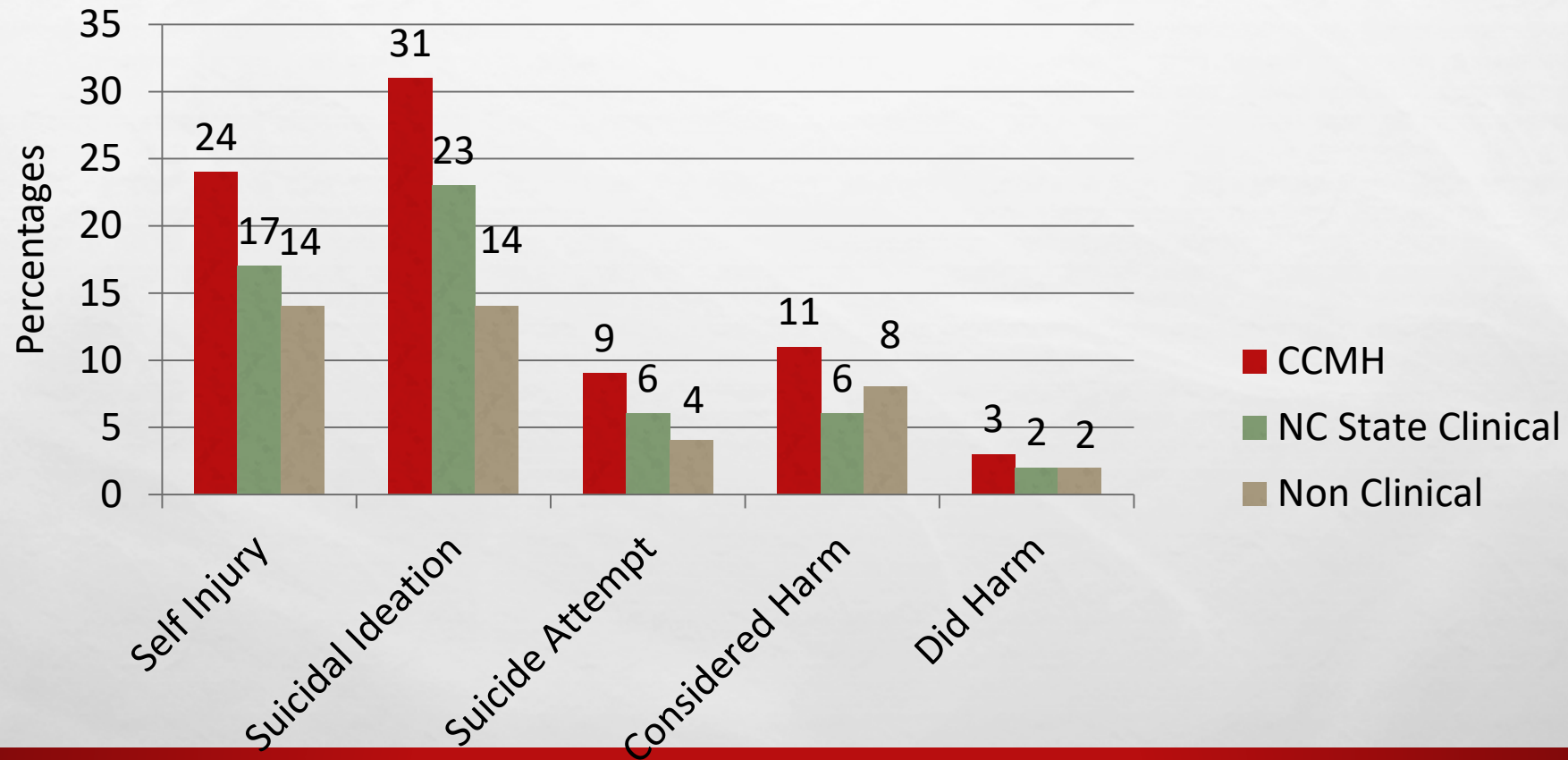


NOTE: New question in 2012

# ANNUAL DATA SETS USED

- CENTER FOR COLLEGIATE MENTAL HEALTH (CCMH) – 24,956 CLIENTS FROM 166 INSTITUTIONS NATIONWIDE
- NATIONAL ASSOCIATION OF STUDENT AFFAIRS PROFESSIONALS IN HIGHER EDUCATION (NASPA) PARTNERING WITH CAMPUS LABS AND CCMH NON CLINICAL SAMPLE – 15,027 NON-CLIENTS FROM 46 INSTITUTIONS NATIONWIDE
- NC STATE DATA

# HISTORY OF...







# How many students does that represent at NC State?

