

# Postvention Plan and Response Protocol

Overview Information

As of December 2023



### **Postvention Core Team**



Justine Hollingshead Postvention Coordinator



Dr. Monica Osburn
Executive Director
Counseling and
Prevention Services



Angel Bowers
Director of
Prevention Services

## **Postvention Protocol**

Provide direction, support, intervention, and other forms of assistance to NC State students and/or employees affected during a crisis situation so that the campus community can return to pre-crisis level of functioning. This is done by:

- stabilizing the environment,
- reducing the risk of negative behaviors,
- supporting the grieving or adjustment process,
- ❖ if a suicide, limiting the risk of further suicides through contagion,
- communicating with those needing to know, including the campus community, if necessary,
- providing administrative oversight and logistics support.

# **Key Points**

- Singular point of contact Postvention Coordinator
- Team approach for response
- Information sharing and communication
  - Google document, tracking spreadsheet, and unit/area checklists

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- Use of templates
- Wolfpack Response Line if needed
- Identification of high risk individuals and/or groups
- Support for those impacted
  - Absence verification
- Assisting families
- Memorials and services

### **Postvention Process**

Campus Stakeholders Pre-Alert Postvention Case **Event or Incident Occurs** Notification Activation and Partners Follow-up

Identification and initial confirmation of a death

- Confirm location of the situation and if it involves an NC State student and/or employee
- Determine impact
- Postvention protocol initiated (PVC, Counseling, Prevention Services)
- Begin assembling information for review

Notification made by the PVC to:

- Chancellor's Chief of Staff (COS)
  - COS notifies Chancellor
- Vice Chancellor and Dean, Academic and Student Affairs
  - VCD notifies Provost

Postvention Activation:

- Gather and review information
- Determine activation of process
- Inform appropriate units to prep for engagement (ex. Counseling Staff, Clean Up Services)
- Availability of contacts is 24/7

Notify depts and units that provide admin support and determine high risk individuals or groups after confirmation of family notification:

- Provide administrative support and necessary software system or database operational follow up (e.g. notation in database(s) that a student is deceased. issuing refunds, etc.)
- Assessment of high risk individuals and/or groups and outreach support

\*Within 12-24 hours

Communication and follow up as needed with:

- Family
- Unit and Academic partners
- High Impact Individuals or communities (dependent on event)
- Drop-In Counseling for community support (dependent on event)

\*12-24 hours and beyond post incident

\*Within 12 hours

Event or Incident	Pre-Alert	Postvention	Campus Stakeholders and Partners
Occurs	Notification	Activation Group	
Identification and initial confirmation of a death  • University Police • Assistant Vice Chancellor, DASA, Postvention Coordinator • Executive Director, Counseling Center • Director, Prevention Services	Notifications made:  By PVC to:  Chancellor's Chief of Staff (COS) COS notifies Chancellor  Vice Chancellor and Dean, Academic and Student Affairs VCD notifies Provost  By University Police to: Associate VC, Environmental Health/Public Safety Vice Chancellor, Finance & Administration Public Information Officer, UComm	<ul> <li>Assistant Vice         Chancellor, DASA</li> <li>Executive Director,         Counseling Center</li> <li>Director, Prevention         Services</li> <li>Associate General         Counsel</li> <li>Director of Public         Relations, University         Communications</li> <li>Sr. Director,         Emergency         Preparedness and         Strategic Initiatives</li> </ul>	<ul> <li>Academic Programs &amp; Services</li> <li>Admissions</li> <li>Advancement (Development)</li> <li>Alumni Association</li> <li>Athletics</li> <li>Campus Enterprises</li> <li>Campus Health</li> <li>Career Development</li> <li>Cashier's Office</li> <li>Cashier's Office</li> <li>College Leadership (dean and an associate dean)</li> <li>DELTA</li> <li>Disability Resources</li> <li>Financial Aid</li> <li>Fraternity and Sorority Life</li> <li>Housing</li> <li>Military and Veterans</li> <li>Services</li> <li>OIT</li> <li>Parents and Families</li> <li>Services</li> <li>Payroll</li> <li>Registration and Record</li> <li>Risk Assessment</li> <li>ROTC</li> <li>Student Conduct</li> <li>Student Leadership and</li> <li>Engagement</li> <li>Study Abroad</li> <li>Transportation</li> <li>University Honors</li> <li>Wellness and Recreation</li> </ul>

Analysis

- Coordination of external and internal resources
- → Assemble pertinent information
- → Initiate incident template
- → Identify high risk groups and individuals
- → Coordinate activation of the Wolfpack Response Line if needed
- → Absence verification for impacted students
- → Follow up with family
- → Memorial response
- → Recap and hotwash

# University Police and Fire & Life Safety

- → Verification of death and cause
- → Initial notification to family
- → Assessment of safety and risk
- → Assist medical responders
- → Restoration coordination
- → Life safety services

### Communications

- → Dissemination of information
- → Monitor social media
- → Interface with the media

# Counseling Center and Prevention Services

- Clinical response and service coordination (e.g. drop in spaces)
- Support for those most impacted by the situation
- → Memorial support
- → Monitor campus climate
- → Prevention of contagion
- → Follow up with high risk groups and individuals
- → Attend classes of deceased student
- → Absence verification for impacted students

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### R&R, Cashier's Office, Scholarships & Financial Aid

- → Initiate refund process
- → Record management
- → Prepare enrollment letter for insurance documentation and 1098T if needed
- Assist with diploma and degree designation

### Various Campus Units

- → Academic support
- → Support for employees
- Follow up as needed regarding logistics (e.g. housing, parking, library, W2, etc.)
- → Absence verification for impacted students

# Technology (OIT and DASA)

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Academic and
Student Affairs

- Review of records
- → Preparation of information for family/next of kin

### Colleges

- → Submit online form if notified of a death
- → Liaison with PVC
- Notification of death to instructors and advisor of the student
- → Follow up with Counseling Center and Prevention Services
- → Assist with identifying high risk individuals and/or groups
- → Condolences to family
- → Order memorial gift
- → Assemble classwork of student for family
- → Attend memorial service if possible

# Individuals or Groups Impacted

- Who are high risk individuals or groups?
- How do we provide support?
  - CARES referrals and on-going case management
  - Drop in spaces
  - Attending classes
  - Meeting with faculty and staff
  - Liaison with colleges
  - Absence verification

# To Keep in Mind

- Suicide contagion
- How to help
- Selfcare
- Communication
- Student Mental Health Task Force Recommendations
- Becoming a JED campus

Academic and Student Affairs

- Initial notification when a death occurs will be sent via an email to a Postvention
   Response Google Group. Do not forward the email that you receive to others.
- There may be situations where you need to alert others on your team.
- If you have questions about what (if any) actions to take upon receiving the information, please connect with the Postvention Coordinator directly.
- Do not send out <u>any</u> communications about the situation without guidance and direction from University Communications (UCOMM).
- Review all pertinent information related to our postvention protocol.
- Reach out to the Counseling Center and Prevention Services if there is a need for counseling support for individuals and/or groups.
- Coordinate with the Postvention Coordinator on all interactions with the family.
   Communication with the family is a strategic and collaborative process. Remember singular point of contact.
- Fill out any necessary paperwork regarding the death.
- Refer to resources as needed.

### Resources

Academic and Student Affair

- Communications
- <u>Counseling Center</u>, 919-515-2423
- Faculty Toolkit
- Mental Health Podcasts Emergency Preparedness
  - Part 1, Part 2, Part 3, Part 4
- Prevention Services, 919-515-4405
  - CARES referrals
- Parents and Families Services, 919-515-2441
  - Ways to connect, including their newsletter
- Postvention Information
- Student Mental Health Task Force
- Suicide prevention
  - Call or text 988
- Wolfpack Wellness



# Postvention Core Team Contact Information

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